

Niška Rumenka

(Serbia)

This is a dance from the city of Niš, southern Serbia. This used to be a women's dance, with men joining for Fig II, but is now danced by all.

Pronunciation: NISH-kah roo-MEHN-kah

Music: 2/4 meter *Serbian Folk Dance, Vol. 3, Track 8*

Formation: Open circle, belt hold or V-pos

Meas 2/4 meter Pattern

8 meas INTRODUCTION. No action, or wait 4 meas, and do the following:

- 1 Moving CW walk L, R (cts 1-2).
- 2 Turning twd ctr step L (ct 1), touch R fwd (ct 1-2).
- 3 Step R in place, touch L fwd (ct 1-2).
- 4 Repeat meas 3 with opp ftwk (ct 1-2).

I. FIGURE I

- 1 Two large skipping steps (low to ground) moving CCW: Hop on L (ct 1); step on R (ct &); hop on R (ct 2); step on L (ct &).
- 2 Repeat meas 1.
- 3 Face ctr and step R to R (ct 1); step L behind R (ct &); step R to R (ct 2).
- 4 Three small light steps (L, R, L) in place with knee flexes and flat feet (cts 1-2).
- 5 Repeat meas 4 with opp ftwk.
- 6 Fall on L to L (ct 1); lift R behind L [reel] keeping ankles close together (ct &); step R behind L (ct 2).
- 7 Repeat meas 6.
- 8 Repeat meas 4.
- 9 Three small steps moving CCW: R, L, R (cts 1, &, 2).
- 10 Repeat meas 9 with opp ftwk.

Repeat Fig I five times; then meas 1-7 only, followed by two steps (L, R).

FIGURE II. (music changes)

- 1 Four quick steps CCW (R, L, R, L) (cts a, 1, a, 2)
- 2 Two quick steps CCW: R, L (cts a, 1); step R fwd (ct 2).
- 3 Moving CW, step L (ct a), step R across L (ct 1), step L in place (ct 2).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5-8 Repeat meas 1-4 with opp ftwk moving CW. End with fall onto L (ct 2).

FIGURE II – Variation

- 1-6 Repeat Figure II, meas 1-6, above.
- 7 Hop on L while bringing R up and behind [reel] (ct 1); step on R behind L (ct &); step on L (ct 2)
- 8 Repeat meas 7.

III. FIGURE III.

- 1-2 Repeat Fig II, meas 1-2.
- 3 Step L to L (ct a); step R slightly in front of L (ct 1); step L in place (ct 2).
- 4 Step R to R (ct a); step L slightly in front of R (ct 1); step on R in place and lift L bkwd (ct 2).
- 5 Kick L fwd (ct 1); hop on R (ct &); kick L back and across R (ct 2).
- 6 Leap onto L to L (ct 1); step R in front of L (ct &); step L in place (ct 2).
- 7 Hop on L (ct 1); step R behind L (ct &); step L in place (ct 2).
- 8 Hop on L (ct 1), step R in front of L (ct &), step on L in place (ct 2).

Sequence: Fig I five and a half times (see above), Fig II twice, Fig II Variations twice; Fig III twice. Dance ends with two stamps fwd R, L.

Presented by Miroslav “Bata” Marčetić